

McLaren Oakland Hospital

PMSR with RRA Certification



Residency Program

Program Director

Zeeshan S. Husain, DPM

zeeshan.husain@mclaren.org

Program Overview

- **Core faculty**
 - 10 at primary sites
- **Clinic experiences**
 - Resident clinic
 - Private clinics
 - Wound center
- **Call**
 - McLaren Oakland only
- **Surgery**
 - Full-scope
- **Weekly academic meetings**
- **Over 110 residents and fellows in training**
- **Affiliated with Michigan State University**
- **PMSR/RRA**
 - 2 – 2 – 2
- **CPME**
 - Site visit 04/22/2022
 - **Accreditation till 2027**

Zoom Meeting Wednesdays 6PM EST

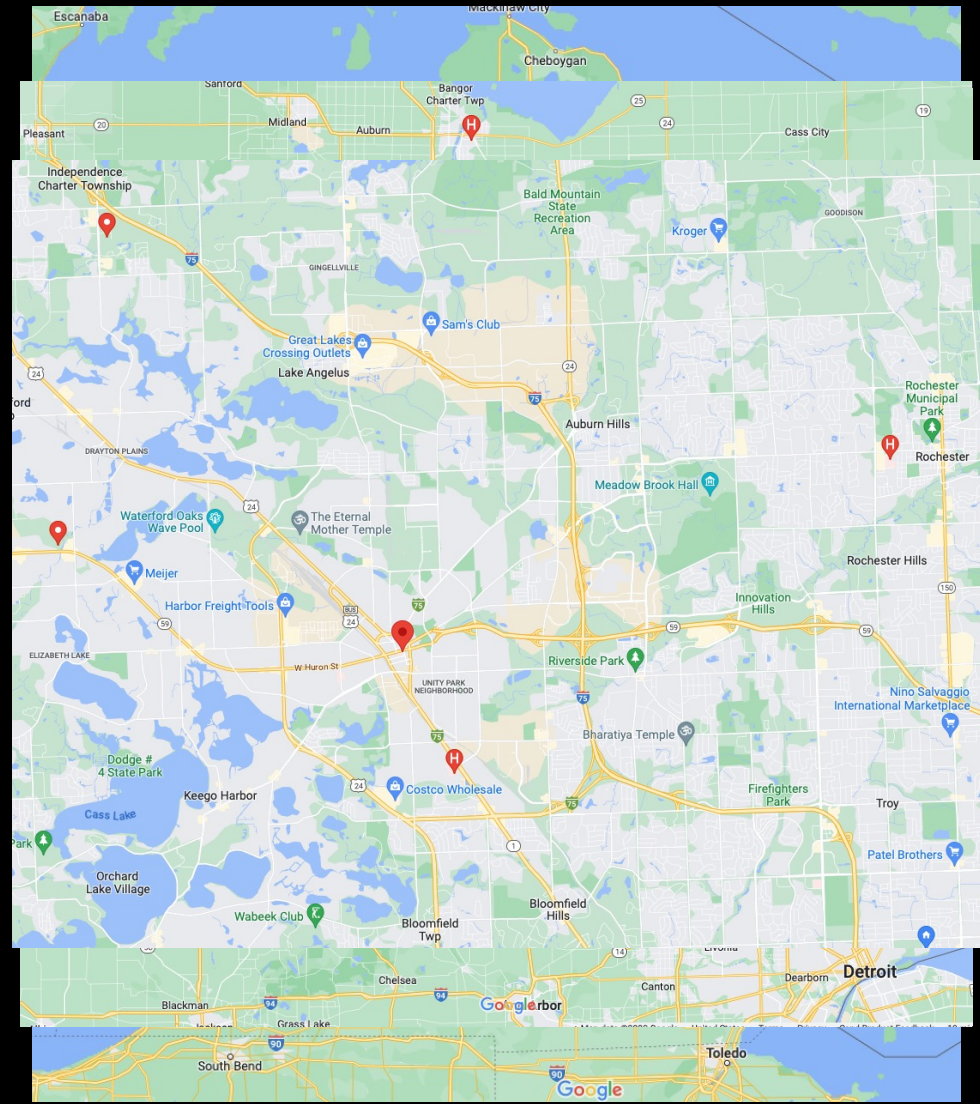
<https://msu.zoom.us/j/93525187410?pwd=U0JSd1BaVkdMOHhwVmgxUlhGZjd3QT09>

Meeting ID 935 2518 7410

Passcode 432078

McLaren Oakland Hospital

- **Surgery centers**
 - Clarkston
 - Waterford
- **Hospitals**
 - McLaren Oakland
 - St. Joseph Oakland
 - Ascension Rochester
 - McLaren Lansing
 - McLaren Bay
 - McLaren Flint
 - War Memorial (elective)



Facilities

- **McLaren Oakland Hospital**
 - 328 beds
 - Level II ER
 - Primary facility and rotations
- **McLaren Bay Hospital**
 - 404 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Flint Hospital**
 - 378 beds
 - Level III ER
 - Podiatric surgery



Facilities

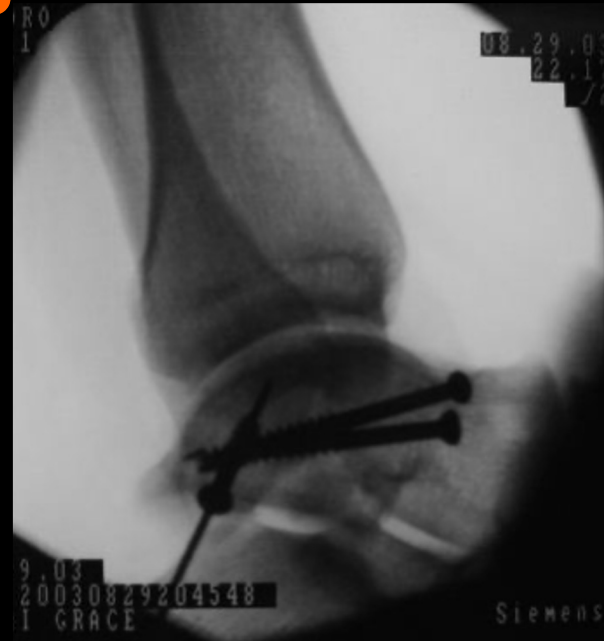
- **McLaren Lansing Hospital**
 - 240 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Health Care**
 - State-wide footprint
- **Ascension Rochester Hospital**
 - Podiatric surgery
- **Trinity Health Oakland Hospital**
 - Podiatric surgery
- **War Memorial**
 - Podiatric surgery (elective)



Facilities

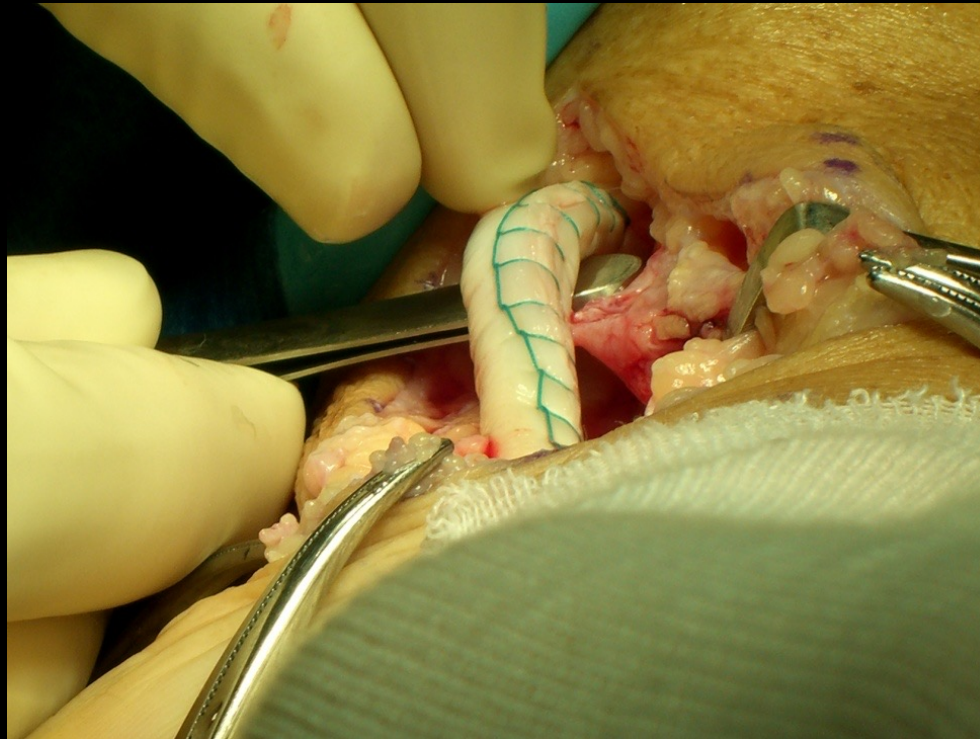
- **Foot and Ankle Volume**

- 1000 cases total annually
- Full scope foot and ankle surgery
- Elective
- Reconstructive
 - Charcot
 - Flatfoot
 - Revisional
 - Frames
- Trauma
- Arthroscopy
- Minimally-invasive procedures
- Ankle replacement



Philosophy

- Each year, residents build on their previous year with increasing responsibilities and greater exposure to challenging cases.



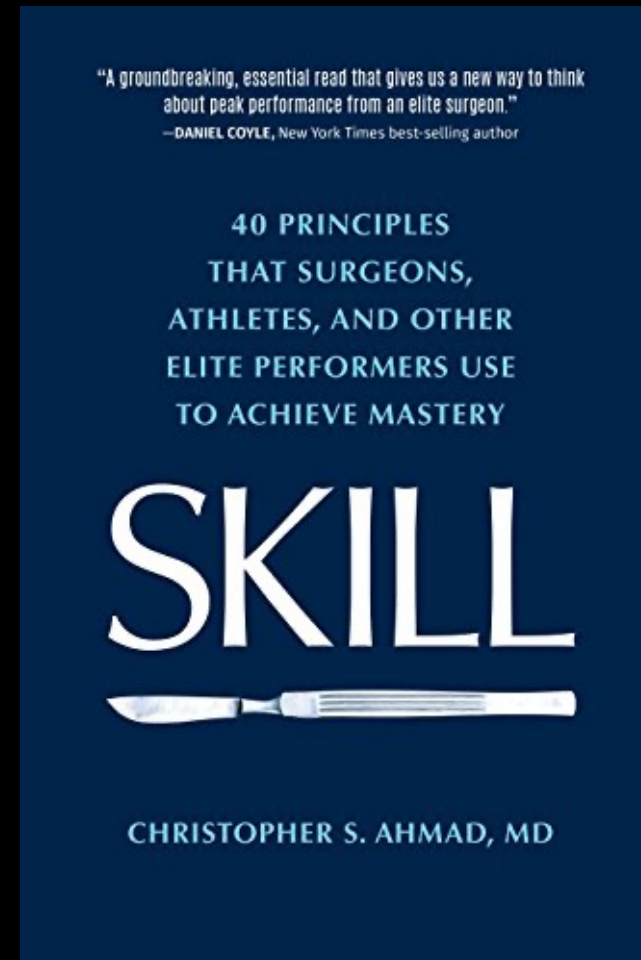
Philosophy

- *“Before everything else, getting ready is the secret of success.”*
- *“Obstacles are those frightful things you see when you take your eyes off of your goal.”*
- *“Everything comes to him who hustles while he waits.”*
- *“Most people spend more time and energy going around problems than trying to solve them.”*
- *“Life is a series of experiences, each of which makes us bigger, even though it is hard to realize this. For the world was built to develop character, and we must learn that the setbacks and griefs which we endure help us in our marching onward.”*



Philosophy

- Define skills needed in the operating room
- Recognize how to improve surgical skills
- Developing discipline to achieve mastery
- Critique performance through reflection



PGY-1 Experiences

- Anesthesia 2wk
- Dermatology 2wk
- Emergency Medicine 4wk
- Infectious Disease 4wk
- Internal Medicine 4wk
- Pathology 2wk
- Radiology 2wk
- On-service- 7mo
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics



PGY-2 Experiences

- Behavioral Medicine 2wk
- Orthopedic Surgery 4wk
- Pain Management 2wk
- Plastic Surgery 4wk
- Vascular Surgery 4wk

- On-service- 8mo
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics



PGY-3 Experiences

- **On-service- 12mo**
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics
- **Administrative**
 - M&M conferences



Series D

PGY Highlights

- **PGY1**

- Primary call
 - 50 weekdays
 - 25 weekends
 - Long holidays
- 7mo on-service
- Second assist
- Preparing for becoming first assist
- Initiate research project(s)

- **PGY2**

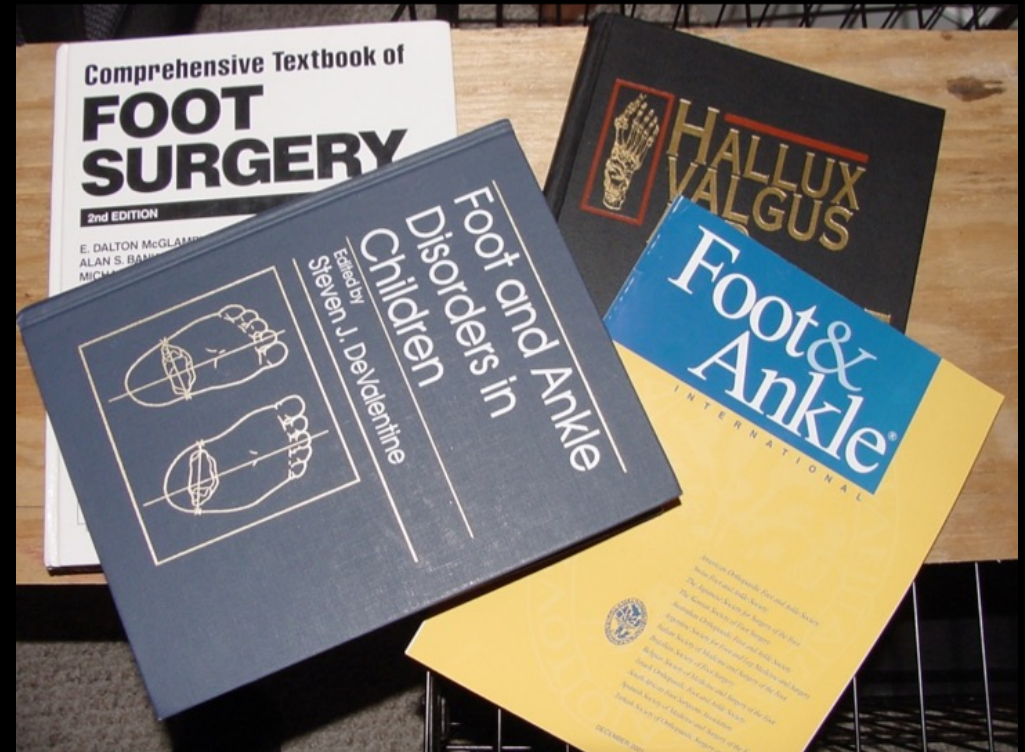
- Primary call
 - 50 weekdays
 - 25 weekends
- 8mo on-service
- Finish MAV by end of year
- Surgical subspecialties

- **PGY3**

- Call- 30 weekdays
- 12mo on-service
- Fine-tune training
- Teaching

Academic Responsibilities

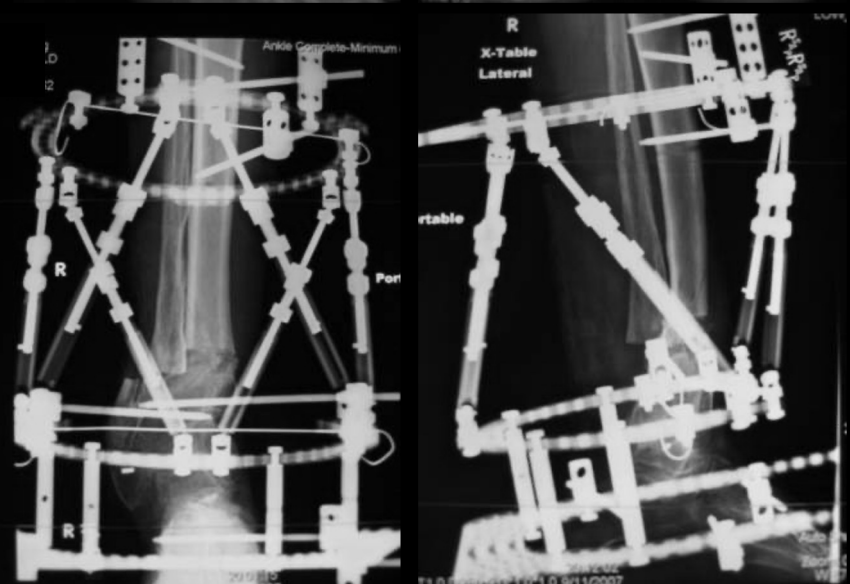
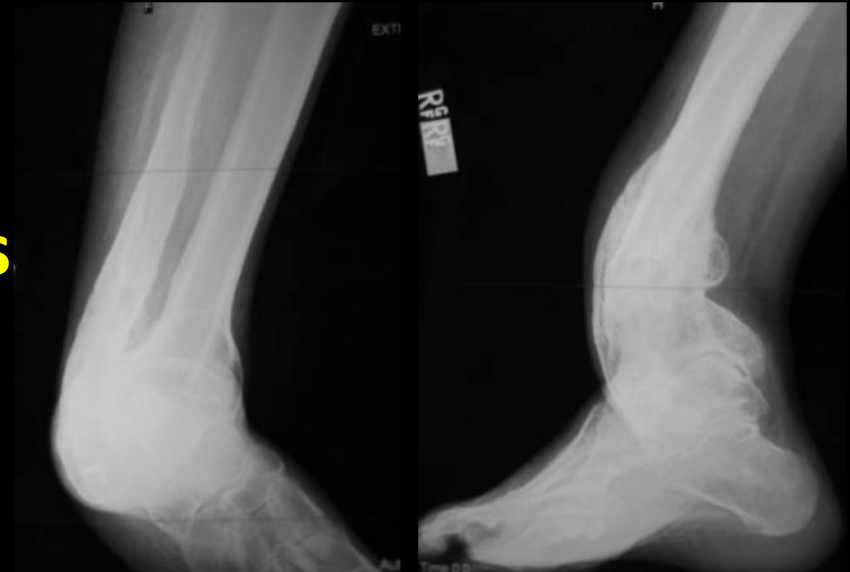
- Lectures
- M&M conferences
- Cadaver workshops
- Hospital rounds
- Weekly didactics
 - Case presentations
 - Board review
 - Radiology rounds
 - Journal club
- Research
 - State abstract competition
 - Research faculty (PhD)
- Teaching



Residents are expected to be independent active learners and share with fellow residents

Externship Overview

- Up to 2 students per month
- Students are second assistants
- Participate in private and teaching clinics
- Assist with ER and floor rounds
- Hands-on experiences
- Core externships available
- Private clinic
- Active discussion during academic meeting and clinic
- Student presentation



McLaren Oakland Hospital

- CPME approved

- PMSR/RRA
- 2-2-2
- Site visit 2022



- Stipend- 2023-2024

		<u>Educational</u>
– PGY1	\$55,500	\$1000
– PGY2	\$57,165	\$1500
– PGY3	\$58,880	\$1500
• Chief	\$2,000	



- Cost of living

McLaren Oakland Hospital

- **Benefits**

- **Insurance**

- Medical
- Dental
- Vision
- Life
- FSA participation

- **Vacation**

- 20 days

- **Meal allowance**

- **Well-being activities**

- **Covered expenses**

- Workshops

- ACFAS Surgical Course PGY1
- Limb Deformity Course PGY2
- ACFAS Arthroscopy PGY3

- ACLS/BLS

- MI / DEA license

- Lab coats

- Scholarly activity- travel

- Board Wizard[®]

- Professional memberships

- ABFAS/ABPM ITE

- Travel expense

- Lansing

Current Residents

- **PGY-3**
 - Justin Adame IL
 - Victor Putz OH
- **PGY-2**
 - Andrew Kanny IL
- **PGY-1**
 - Athanasios Garbis IL
 - Kyle Lawton IL



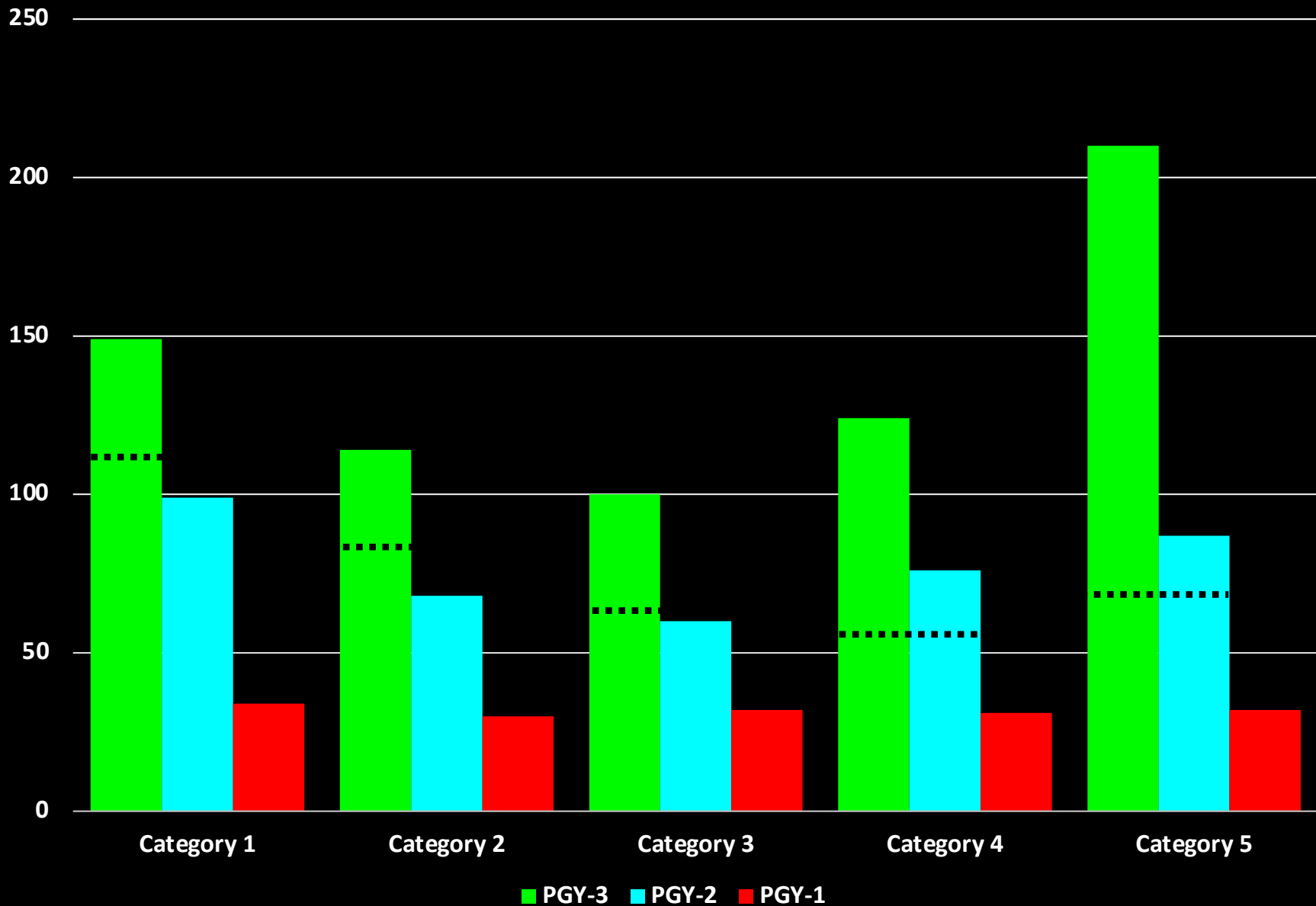
Sample Surgical Activities

2022-2023

Surgical Log Averages	PGY-3		PGY-2		PGY-1		Minimum PMSR/RRA
	1 st	2 nd	1 st	2 nd	1 st	2 nd	
Category 1- Digital	149	23	99	17	34	8	80
Category 2- First Ray	114	28	68	17	30	7	60
Category 3- Other Soft Tissue	100	25	60	9	32	1	45
Category 4- Other Osseous	124	31	76	17	31	2	40
Category 5- Reconstructive Rearfoot/Ankle	210	53	87	22	32	2	50
Totals	695		389		159		

Sample Surgical Activities

2022-2023



Recent Alumni

Year	Graduate	City	State	School
2023	Stephanie Behme*	Ann Arbor	MI	IL
	Sean Kipp	St. Croix Falls	WI	IL
2022	Vincent Lefler	Waterford	MI	IA
	Pooja Srivastava	Farmington Hills	MI	NY
2021	Cody Ingram	Roseville	MI	NY
	Mohammad Qureshi	Augusta	GA	IL
2020	Rishi Mahajan	Taylor	MI	IL
2019	Paul Constantino	Royal Oak	MI	IL
	Andrew Miller	Brownville	ME	CA-N
2018	Sean Nagle	Angola	NY	CA-S
	Alan Wang	Essexville	MI	IL
2017	Gary Heredia	Dallas	TX	IL
	Courtney Thenn	Grand Rapids	MI	

*- Fellowship

Local Attractions

- Detroit Institute of Arts
- Belle Isle
- Detroit Grand Prix
- Motown Museum
- Woodward Dream Cruise
- Campus Martius



Entertainment

- **Nightlife**

- Downtown Detroit
- Royal Oak
- Birmingham
- Ferndale

- **Family**

- Ann Arbor
- Traverse City
 - Sleeping Bear Dunes
- Fall color tours
- Mackinac Island
- Upper Peninsula
 - Pictured Rocks



Contact Information

- **Zeeshan Husain, DPM**

- Program Director
- zee@alum.mit.edu
- 313-610-5059 (cell)

- **Judy Guthro**

- Program Coordinator
- judy.guthro@mclaren.org
- 248-338-5259

- **Website**

<https://www.mclaren.org/gme-medical-education/mclaren-residency-programs/14#>

- **Weekly academic meeting**

- Zoom®
- Wednesdays 6PM EST
- Meeting ID
 - 935 2518 7410
- Passcode
 - 432078

<https://msu.zoom.us/j/93525187410?pwd=U0JSd1BaVkdMOHhwVmgxUlhGZjd3QT09>

McLaren Oakland Hospital

PMSR with RRA Certification



Residency Program

Program Director

Zeeshan S. Husain, DPM

zeeshan.husain@mclaren.org